

Utilizing Cinema Counseling As An Alternative to Prevent Academic Cheating Behaviors Among Elementary Students

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Abstract. Academic cheating behaviors are extremely prohibited in educational and or other settings. Students from various grades might involved in committing this dishonest behavior including those who are from elementary schools. Therefore, this research is aim to preventing this behavior is significantly needed to preserve their trust worthy attitudes. In other hand, guidance and counseling service is one alternative to be utilized for students with this misbehavior. The research methodology is using research and development with elementary students as a sample. Finally, the result is aguidance counselor may exert a cinema counseling as a method to help students from cheating behaviors individually or in group process. There are three steps in implementing this method: opening, applying for cinema counseling media, terminating. The main goal of using this counseling media is to prevent cheating behaviors in academic settings so that students reach their academic pursuit with well accepted behaviors.

Keywords : cinema counseling, cheating, elementary students

Themes : creative counseling

Introduction

Cheating behaviors frequently happen in the educational world. These behaviors emerge when students working on their assignments such as daily assignments, midterms, moreover in the final examinations. Furthermore, most students from various level of educations do that academic dishonesty.

According to Nugroho (2008, Ismaniati, 2013:7), there is one example of fraud behavior in high school education level. In a Surabaya Junior High School, sum of students doing cheating bluntly reached 89,6%, asking friends 46,5%, and the other behaviors including using codes to share answers during exam (Jawa Pos daily).

In addition, Ardiansyah (2008) argues that cheating culture has been developing since elementary school levels. For example, an elementary school student starts to be dare watching his friend's work and then change his. Moreover, it is real that author experienced the same scene in an elementary school. It means that elementary students aware that to achieve higher grades he need to be good in doing their tests although they have todo an academic misconduct.

A sort of reasons lead students to cheat. One of them is parents 'or teachers' demandson high grades and achievements so that it results in excessive anxieties when students face examinations. Malinowski and Smith (1985) (in Ismaniati, 2013:19) stated the resonant point that their excessive anxiety in tests cause cheating behaviors.

For most people, cheating is not considered as a serious problem. Many people still see this behavior as not a violating for social or religious norms. Although this behavior is banned and prevented, many students remain doing this fraud over time in their academic activities.

To deal with this student misconduct, teachers have already approached students with cautions to behave honestly in tests, reminded them not to cheat because that is a wrong doing, but the impact is not that effective. On the contrary, students tend to become more ignorance since the tense of doing their tests remains the same. Realizing that this behavior is considerably hard to change, the credibility of Indonesian education is still in challenge, even bad to worse. Therefore, it is important to treat cheating behaviors as early as possible.

Cinema Counseling has been known as a potential method to reduce cheating behaviors. This method is a kind of counseling assisted movie in which strong messages contained to show elementary students the impacts of academic dishonesty behaviors. Bandura theory of modeling is the basis of this method and this article aims to discuss how to use cinema counseling as an alternative to prevent any kinds of academic fraudulent activities.

Cheating behavior

Cizek (Anderman & Murdock, 2007) categorizes cheating behaviors in three. They are: 1) giving, taking, or receiving information, 2) making notes, 3) using one's weakness to gain academic advantages. Whereas, Ismaniati et.al (2013:13) point that cheating is a behavior manifesting illegal ways, dishonest, and frauds such as giving information, making notes to gain self academic advantages.

According Cizek, Bower (Nugroho, 2008 in Ismaniati, 2013, 12) describes cheating is manifestation of using illegitimate means to achieve a legitimate end (achieve academic success or avoid academic failure). This definition affirmed that cheating is fraudulent behavior which is self inflicted.

Base on Ismaniati (2013), cheating behavior on elementary is a like asking each other or giving information when they are following the task. The students actualize those behaviors when they do the formative tests or the exercises and even they straightly ask to their classroommate about the answer of their homework.

Cinema counseling

Ismaniati et. al. (2013:21) defines cinema as the art of simulating experiences, that communicate ideas, stories, perceptions, feelings, beauty or atmosphere by the means of recorded or programmed moving images along with other sensory stimulations. This definition informs that cinema is an art simulating experiences, communicating ideas, stories or history, perceptions, feelings, beauties, or athosphere through programmed and recorded moving images.

In counseling services, cinema could be used in an individual counseling service by giving a counselee a topic in compliance with his concerns. Dermer and Hutchings (2000) argue that using cinema in counseling could be an approach in assisting students to achieve their academic and life goals.

Cinema counseling is a new technique in Guidance and Counseling practice so that is still infrequently found even it has some advantages compared with the others as stated by Dermer & Hutchings (2000) that the use of cinema can be an approach to help the students to achieve their dreams.

Methodology

This research using research and development with elementary students as research subject. The subjects of this study are the 5 grade students of elementary school recommended by their teachers. This study uses three methods to collect the data which are interview, observation, and questionnaire.

Discussion

According to a research result conducted by Ismaniati (2013:38), a cinema counseling is the most interest of elementary school in Yogyakarta Special Province to develop. The story could be students and teachers activities at school settings or related schenarios. It means that cinema counseling is a potential media to provide guidance and counseling services in educational settings. Gary Solomon (Allen & Krebs, 2007) underlines that cinema could give therapeutic effects by which individuals with stress, depression, and low self-confidence may feel more positive about themselves. With cinema counseling, students will be able to learn, immitate, or gain values to prevent problems.

The research on developing cinema counseling to anticipate cheating behaviors among elementary school students by Ismaniati et. al (2013) was designed to contain natural story with students as actors. They act just like their daily life in the movie so that it is naturally providing model for individual development, in line with Bandura's theory of modeling, especially in reducing cheating behaviors in elementary school.

In terms of modeling effect in the movie, Bandura (Arends, 2004) explained that a symbolic model, which involves real or fictional characters displaying behaviors in books, film, television programs, or online media affect individual behaviors to imitate. This statement asserts that by observing or watching movies, students could imitate the expected behaviors and then implement them in their daily lifes. This is a real support for cinema counseling which could serve as a media to prevent cheating behaviors for elementary school students. With cinema counseling, students will know, understand, and learn to apply what they have watched in the cinema.

Steps in using cinema counseling follow the procedure of providing guidance and counseling services. Juntika (2005) describes three steps in counseling: beginning, working, and final. In addition, Roemlah (2006) divides group counseling stages into planning stage, working stage, and evaluation stage.

Cinema counseling is a potential effective method in providing more positive behavior model in academic activities. Of the description in providing counseling with cinema, the basic procedure in the guidance and counseling processes are the same, starting from a beginning stage, main stage of service, and final stage for individual or group.

Below is the procedure of using cinema counseling as an alternative to reduce cheating behavior for elementary school students:

1. Beginning stage

At this stage, a counselor needs to develop positive rapport so that students feel of being accepted positively and enjoy the process of guidance and counseling service. Students need to be aware that the information in the guidance and counseling process is important for their academic life's.

2. Main stage of service

At this stage, counselor provides cinema counseling to students. Counselor asks them to pay more attention so that they could benefit from the story in the movie. It takes about 20 minutes and then, counselor asks them to tell the story in the movie and what they have drawn.

The movie shows a story about elementary school students selection for a competition. Students are selected based on their grades and then their teacher ask them to study before the selection started. One of the students said that he has not prepared well yet for the selection process. The teacher curious why and finally the student admit that he has been cheating to get the better grades so far. The story ends with messages from a group of students saying that cheating can cause self-defeating, leading to guilty feeling, and failing in academic life. It is emphasized that behaving honestly is a top of paramount so that students will be able to do more trustworthy behaviors.

After the movie show, counselor details the values from the story and asks students to describe the impact of cheating behaviors and what they need to do to avoid cheating behavior. The purpose is students' understanding on cheating behavior and then students could control their behavior more positively.

3. Final stage

At the end of the process, counselor concludes the activities in the cinema counseling session. Counselor asks students to express their opinion about the movie and support them to study properly. Evaluation is needed in this process and then planning the follow up.

Implementing cinema counseling in a guidance and counseling service is an adjusted method for elementary students. By using this media, it is expected that students feel comfortable, understand, and able to implement it for their daily life's.

Conclusion

According to the discussion, it can be concluded that using cinema counseling method could be a potential way to prevent cheating behavior among elementary school students. This media is considered as an efficient one since the story and the characters in the story are taken from their real life in school activities so that the story explore real issues they are facing daily. To maintain the positive impacts, monitoring and supporting the students are needed.

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